DIPLOMA OF
REFLEXOLOGY (HLT51712)

This nationally accredited course is the perfect pathway for anyone wishing to enter the reflexology profession. Whether you’re an individual wanting to change career, a recent school leaver, or an established professional wishing to add reflexology to an existing set of skills, this qualification will help you realise your career objectives sooner.

Reflexology is based around the principle that certain points on the hands, feet, and ears correspond with parts of the body. Applying pressure to these points with tools or lotions and can treat pain, illness, and injury.

The Diploma of Reflexology offers practitioner-level knowledge across all key areas of reflexology, as well as related disciplines such as massage therapy and nutrition. This, coupled with medical science modules such as Anatomy and Physiology, and Musculoskeletal Anatomy, means that graduates enter the workforce with a comprehensive and well-rounded qualification.

In terms of day-to-day performance, training covers the skills and expertise required to operate in a clinic environment, ensuring graduates are fully able to pursue career success with the professional tools they need.

Who Should Attend
The Diploma of Reflexology is the ideal course for those wishing to launch a career as a reflexologist. This national accredited training is suited to recent school leavers, those wishing to change career, or to individuals currently engaged in a related field who wish to add reflexology to their existing skill set. If you are an overseas-trained reflexologist looking to ensure your training meets Australian requirements, this course program is ideally suited to your needs.

Course Structure
This course is delivered online over a duration of 96 weeks. This is divided into 4 study periods, each comprising 24 weeks.

Prerequisites
There are no formal prerequisites for this qualification.

Recognition of Prior Learning (RPL)
If you have studied previously or have work experience that relates directly to your course, you may be exempt from a component/s of your course through recognition of prior learning (RPL). If you think you may be eligible for RPL you should first familiarise yourself with the Course Credit Policy and Procedure (Recognition of Prior Learning) and complete an Application to apply for RPL assessment.
Online Learning Features
Study when it suits you - with no set class timetable you can study when and where you want, tailoring your education to suit your lifestyle, family and any paid work commitments.

Personal support - you’ll be guided through your studies with an interactive and web-based educational experience. You get the same high level of support as an on-campus student, maximising your chances of success.

Structured learning - regular timed intakes means you can look forward to a structured learning environment - this ensures continuous progression with all the benefits of flexible Online Learning.

Full access to course materials & resources - get full access to detailed course materials, student email, forums, live chat, recorded lectures, quizzes and assessments, links to external resources materials and videos.

Course Outline
The Diploma of Reflexology consists of 21 Units of Competency, as identified in the Health Training Package. All units must be successfully completed to attain the diploma. Participants are required to study all subjects as shown in each Block + First Aid* (HLTFA311A Apply First Aid).

Block 1

**SUBJECT**

- Anatomy & Physiology 1
- Work with Older People
- Reflexology 1
- Nutrition 1 - REF
- Communication Strategies - Health

Block 2

**SUBJECT**

- Anatomy and Physiology 2
- Massage Therapy 1 - REF
- Reflexology 2
- Practice Administration A
- Musculoskeletal Anatomy

Block 3

**SUBJECT**

- Anatomy and Physiology 3
- Clinic Reflexology 1
- Reflexology 3

Block 4

**SUBJECT**

- Business Management
- Reflexology 4
- Clinical Medicine 1
- Clinic Reflexology 2

Course Fees and Payment Options
The diploma has a total course fee of $15,990. VET FEE-HELP is available for this course allowing you to study now, pay later. For further details on VET FEE-HELP and for the full fee schedule please visit www.upskilled.edu.au/vet-fee-help.

How to Apply
Whether you’re inquiring as an individual, or as a manager acting on behalf of one or more employees, the easiest way to apply is to contact Upskilled:

- Select from more than 80 nationally accredited certificate and diploma courses
- Complete an application form at www.upskilled.edu.au
- Submit the form and an Upskilled Education Manager will contact you.