DIPLOMA OF
SHIATSU & ORIENTAL THERAPIES (HLT50212)

As a nationally accredited diploma program, this training program will skill you in all aspects of shiatsu and Chinese acupressure. The Diploma of Shiatsu and Oriental Therapies also instructs graduates in communication, anatomy and physiology, clinical medicine, and practice management.

Shiatsu is a traditional hands-on therapy originating in Japan, and translated it means 'finger pressure'. Shiatsu is conducted by applying pressure to special points or areas of the body to stimulate energy flow, relieve pain and muscular tension, treat specific conditions, and promote overall health and wellbeing. This shiatsu and oriental therapies training will skill you in all aspects of shiatsu and Chinese acupressure, including the provision of shiatsu treatment to clients with specific needs, such as women and children. Participants have the opportunity to further their education with these units: Chinese Acupressure, Chinese Philosophy, and Structural Aligning.

Who Should Attend
The Diploma of Shiatsu and Oriental Therapies is designed to give you the education and training to launch a career in the discipline. There are no pre-requisites for entry; the aim of the course is to transform the complete beginner into a qualified shiatsu and oriental therapies practitioner. The shiatsu course is ideally suited to school leavers, those wishing to enter the shiatsu and oriental therapies profession, and those wishing to add shiatsu and oriental therapies training to an existing skill set in natural therapies. For overseas-trained shiatsu and oriental therapists wishing to ensure their training is comparable to that required in Australia, this training program is an ideal solution.

Course Structure
This course is delivered online over a duration of 96 weeks. This is divided into 4 study periods, each comprising of 24 weeks.

Prerequisites
There are no formal prerequisites for this qualification.

Recognition of Prior Learning (RPL)
If you have studied previously or have work experience that relates directly to your course, you may be exempt from a component/s of your course through recognition of prior learning (RPL). If you think you may be eligible for RPL you should first familiarise yourself with the Course Credit Policy and Procedure (Recognition of Prior Learning) and complete an Application to apply for RPL assessment.

This course is delivered by Study Group Australia Pty Limited (RTO Code: 5806), trading as Australian Institute of Applied Sciences
Online Learning Features
Study when it suits you - with no set class timetable you can study when and where you want, tailoring your education to suit your lifestyle, family and any paid work commitments.

Personal support - you’ll be guided through your studies with an interactive and web-based educational experience. You get the same high level of support as an on-campus student, maximising your chances of success.

Structured learning - regular timed intakes means you can look forward to a structured learning environment – this ensures continuous progression with all the benefits of flexible Online Learning.

Full access to course materials & resources - get full access to detailed course materials, student email, forums, live chat, recorded lectures, quizzes and assessments, links to external resources materials and videos.

Course Outline
The Diploma of Shiatsu and Oriental Therapies consists of 22 Units of Competency, as identified in the Health Training Package. All units must be successfully completed to attain the diploma. Participants are required to study all subjects as shown in each Block + First Aid* (HLTFA311A Apply First Aid).

Block 1
- Anatomy & Physiology 1
- Oriental Therapies 1
- Self Care
- Shiatsu 1
- Oriental Philosophy

Block 2
- Anatomy and Physiology 2
- Practice Administration A
- Musculoskeletal Anatomy
- Shiatsu 2
- Oriental Therapies 2
- Structural Alignment - Oriental Therapies
- Communication Strategies - Health

Block 3
- Anatomy and Physiology 3
- Clinic Shiatsu 1A
- Oriental Therapies 3
- Shiatsu 3

Block 4
- Oriental Therapies 4
- Clinical Medicine 1
- Clinic Shiatsu 1B
- Business Management

Course Fees and Payment Options
The diploma has a total course fee of $15,990. VET FEE-HELP is available for this course allowing you to study now, pay later. For further details on VET FEE-HELP and for the full fee schedule please visit www.upskilled.edu.au/vet-fee-help.

How to Apply
Whether you’re inquiring as an individual, or as a manager acting on behalf of one or more employees, the easiest way to apply is to contact Upskilled:

- Select from more than 80 nationally accredited certificate and diploma courses
- Complete an application form at www.upskilled.edu.au
- Submit the form and an Upskilled Education Manager will contact you.

Other Related Qualifications
1. Diploma of Remedial Massage
2. Diploma of Reflexology
3. Diploma of Traditional Chinese Medicine Remedial Massage

Study now and pay later with VET FEE-HELP